

OFFICIAL NEWSLETTER OF ROTARY CLUB OF MAKATI WEST

Vol. 13, RY 2022-2023 2,367th Meeting (since 1969) November 3, 2022



1st Leg Govenor's Cup - End Polio Golf Tournament & Fellowship on October 21, 2022 at Summit Point Golf & Country Club





Today's Guest Speaker:

REV. FR. ANTON CT. PASCUAL EXECUTIVE DIRECTOR CARITAS MANILA New RCMW website 🔿 WWW.rcmakatiwest.ph

www.fb.com/RCMWD3830



GILISM FOR THE WEEK

In this issue:

Monthly Activities	3
Today's Program/Guest Speaker	4
President's Message	5
Forethought by Craig Lonnee	8
Members Spotlight	10
Club Bulletin Board	11
Project Updates	40
RI Theme & Links	42
The Four-Way Test	43
Acknowledgements	44











DEI TOWNHALL *

Meet and Greet Luncheon and Photo Session with Rotary International President JENNIFER JONES Thursday, November 24, 2022 9AM - 3PM Philippine International Convention Center (PICC) Vicente Satto Street Pasay, NCR PHP 3,000 Pre-register:

> 53rd Anniversary Celebration with Guest of Honor Rotary International President jennifer Jones Saturday / November 26th / 5500 pm

Grand Sunset Pavillon, Sofitel Manila Dress Code Black Tie & Long Gown

ISVP by November 15th ai Yarra Jameson Manlangit mail kal.rcmw2@gmail.com iber:+63 917 543 1709 Viber:+63 917 543 1704 Important: Must present antigen test at registration Lunch Meeting

Rev. Fr. Anton CT. Pascual Executive Director Caritas Manila Date: November 3, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12nn to 2pm

Lunch Meeting

His Excellency. Charles John Brown Apostolic Nunciature to the Philippines Date: November 10, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12nn to 2pm

Lunch Meeting

Ms. Fiona Sandoval, MA, RPsy Child Psychologist Playtherapist Date: November 17, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12nn to 2pm

DEI TOWNHALL Meet and Greet Luncheon with RI President Jennifer Jones

November 24, 2022/Thursday/9:00am-3:00pm Philippine International Convention Center (PICC), Pasay City

> Rotary Club of Makati West 53rd Anniversary Celebration

with Guest of Honor RI President Jennifer Jones

November 26, 2022/Saturday/5:00pm Grand Sunset Pavilion, Sofitel Manila



12:15 PM Call to Order PRESIDENT GIL G. CHUA

> Invocation DIR. PAUL DAZA

- Philippine National Anthem (video)
- 12:20PM RC Makati West Hymn
 - Introduction of Visiting Rotarians and Guest;
 - Introduction of Personalities at the Presidential table;
 - Committee announcements

12:45 PM President's Time PRESIDENT GIL G. CHUA

> Introduction of Guest Speaker PP JUN ALVENDIA

1:00 PM Speech REV. FR. ANTON CT. PASCUAL Executive Director Caritas Manila

> Moderator DIR. SCOTT MOORE







BIANG IBAZETA



November 4 SPS. ROMINA SARABIA Birthdav



November 1 RTN. COCOY TACANDONG Birthday



November 9 RTN. JOEY AVELLANA Birthday



RTN. JP SARABIA Birthday



November 3 RTN. JUNI DEL ROSARIO & SPS. MALU Weddina Anniversarv

November 5 RTN. CHRISTOPHER BESHOURI Birthday



RTN. RANY RONO & SPS. CHRISTINE Wedding Anniversary



GUEST SPEAKER REV. FR. ANTON CT. PASCUAL EXECUTIVE DIRECTOR, CARITAS MANILA

Rev. Fr. Anton Cecilio T. Pascual is the Executive Director of Caritas Manila, the social services and development arm of the Archdiocese of Manila. He is also the President of Radio Veritas, the leading faith-based AM station in Mega Manila.

Through Caritas Manila, Fr. Anton has been responsible for uplifting the lives of many, and promoting good citizenship through Radio Veritas programs.

Fr. Anton is also a prime-mover in the cooperative sector, having founded the Caritas workers cooperative, and being instrumental in revolutionizing volunteerism and charity by helping the poor help themselves.

In 2010, he received the Order of the Golden Heart with the Rank of Golden Cross, the highest presidential award given to a Filipino or foreign citizen who has rendered distinguished services for the amelioration of the moral, social, and economic conditions of the Filipino masses.



PRESIDENT'S MESSAGE

Father Anton

Fr. Anton is a 'household' name for us at DDB Group Philippines. He is the one who officiates mass on our special occasions at the office, that is, if he is able to squeeze us into his busy schedule. When virtual masses became a thing because of this COVID-19 pandemic, Fr. Anton would sometimes still be the one doing the online masses for us.

If you've been living under the rock, you would think he is your regular parish priest, but a quick Google search will tell you that he is a man of God with a knack for leadership as a service to others. He goes above and beyond his sworn duty as a priest.

As a priest and as a leader, he has been responsible for uplifting the lives of many. He is the Executive Director of Caritas Manila, the social services and development arm of the Archdiocese of Manila. He is also the President of Radio Veritas, the leading faith-based AM station in Metro Manila.





With Fr. Anton during my 65th birthday party.

As a leader, he is known for out-ofthe-box thinking. For one, he has been instrumental in revolutionizing volunteerism and charity by helping the poor help themselves.

Fr. Anton started his work at Caritas Manila by streamlining its operations and later creating the Caritas workers cooperative and has since then been a prime-mover in the cooperative sector. His management style impressed even counterpart Caritas organizations in other parts of the world.

As head of Radio Veritas, he strengthened the station's Catholic programming to directly serve the people's moral and spiritual needs, and leveraged its reach to promote good citizenship.

It is thus not surprising that he is a recipient of the highest Presidential Award given to a citizen who has rendered distinguished services for the improvement of the moral, social, and economic conditions of the Filipino masses.

I met Father Anton in 2005. He was then looking for a company to do the new Veritas logo to relaunch the radio station with, upon his appointment as its new head of management.

Since then, DDB Group Philippines has become the go-to ad agency of the Catholic Church. We have done many creative and strategy planning for Veritas and Caritas.

And since then, Fr. Anton has graced our family's and office's special occasions with his presence. I'm lucky to have Fr. Anton not only as my spiritual adviser but also as my friend. He is both a big source of inspiration and comfort.

I truly appreciate that he accepted our invitation to speak before Makati West Rotarians today, although he might still be jetlagged, having just arrived from Rome. He will talk about the Caritas of today.

Rotary Matters

I would like to congratulate you, Men of Zest, for helping set the bar high for the 1st leg of District 3830 End-Polio Governor's Cup! Congrats PP Eric Tensuan, PP Eric Angeles, and Golf Captain RJ Tabuena and all your team members for a wellorganized game. Thanks also to the RCMW Secretariat for working hard for this event.

Ten teams competed for the Championship, in which Parañaque East won, and Parañaque Poblacion was the 1st runner up. Congratulations!

We had a total of 129 participants from



21 Rotary Clubs in the October 21 Golf Cup, from which the District was able to raise an additional US\$3,200 for the End-Polio campaign, that is, on top of the US\$2,970 initial donation of the members. Thank you to all Makati West members who donated.

November is going to be a very busy month with the visit of Rotary International President Jennifer Jones and our upcoming 53rd Anniversary celebration. As we have emailed the invite already, may I remind everyone to please RSVP to confirm your attendance. You have till Nov. 15 to do this. RCMW members may bring their spouse or significant other, but other guests get one-seat invitation only. It's gonna be a big event with about 360 attendees, including foreign guests, so RSVP now.

As I mentioned before, Pres. Jones will do a Gift of Life service project visit at the De Los Santos Medical Center in the morning of November 25, where I heard we have more than 10 patients scheduled for surgery. Please pray for the successful surgeries of these young kids, as well as for Pres. Jones's visit.



At the Governor's Cup with our hardworking Secretariat.

Also check out the posters for President Jones's Imagine Impact Tour - Philippines from Nov. 23 to 29 to reserve your tickets for the major events, namely, the DEI (Diversity, Equality, and Inclusion) Townhall meet-and-greet luncheon and photo session with Pres. Jones on Nov. 24, and the Rotary Community Corps (RCC) Showcase Event with Pres Jones on Nov. 26 that will be held at the Taguig University. Please support these events.

Maraming salamat po!

Gil G. Chua President, RY 2022-2023 Rotary Club of Makati West





FORETHOUGHT by: Craig Lonnee

TORRENTIAL

When does too much information turn toxic? Too many questions, with few answers.

Who should I rely on for health information – DOH, WHO or PhilStar?

Do I trust CNN Philippines or my online community?

Uncertainty is uncomfortable for most of us.

When things are not right, we naturally seek out information to resolve the imbalance, often our quest for more, moves us further away from possible answers or solutions. So much information – we consume on average, 100,000 words per day – though there's so little time.

I smiled when I read this piece of research the other day – people are calmer and less agitated when they know they are going to receive an electric shock, than when they know there is a 50% chance they might receive an electric shock.

Not knowing, spooks us all.



A further piece of research – there's at least three types of uncertainty – probability, ambiguity and complexity. Management of uncertainty can take a few forms – making sense of the information and/or mitigate the manifestation of it, anxiety and stress. Unfortunately, two words we all hear far too much of late, usually in the one sentence.

Feeling uncertain is not normal. In the new normal, even more so.

So, to further our conversation around coping or more positively, managing anxieties and stress (again, keeping those words in one sentence) caused by information overload, I stumbled across this chart.

		Coping mechanism	
		Cognitive Goal: Effectively process information	Emotional Goal: Maintain menta health
Types of uncertainty	Probability Uncertainty that stems from difficulty ascertaining objective risk level	Comply Reduce your risk by complying with expert recommendations	Embrace Accept that we are al at risk, and empathize with others
	Ambiguity Uncertainty that stems from imprecise, conflicting, or insufficient information	Consolidate Triage conflicting evidence to determine what is most likely	End Know when to stop the search for clarity
	Complexity Uncertainty that stems from difficulty understanding a complex issue	Consult Turn to experts to simplify complex information	Escape Recognize that complexity cannot always be resolved, and refocus on other things

I like the bottom right-hand box – Escape. As Jim Heskett (a HBS Professor) once said to me, please don't attempt to boil the ocean, it will never end well.

My Mum doesn't know Jim, though I wish she did; you see she worries incessantly to the point it adversely affects her mentally and physiologically, which sometimes morphs into conspiracy theories. She worries about many things that she has no control over.

Paradoxically, she can escape, release the pressure, naturally, without medication. Her way, at 92, she devours books, her Kindle is always on.

ABOUT CRAIG LONNEE

Lonnee is the Chief Development Officer at DDB Group Philippines, where he provides strategic and operational counsel to clients and DDB's senior leadership. He also leads The Bernbach School, DDB Group Philippines' exclusive learning hub.

He had worked for worldwide marketing communications network DDB for over two decades, gaining vast and varied experience across Asia and the Pacific. Over this time, he held local, regional, and global responsibilities, including co-chief operating officer of regional operations of DDB Asia and chief development officer across 23 offices in 14 countries.



Pres. Gil Chua, PP TG Limcaoco named Asia CEO Awards 'Global Filipino Executive of the Year' Circle of Excellence awardees



RCMW President Gil G. Chua, Group Chairman and Chief Executive Officer of DDB Group Philippines, was named as one of this year's "Global Filipino Executive of the Year" Circle of Excellence honorees at the 2022 Asia CEO Awards. One of his fellow Excellence Awardees this year was RCMW Past President Jose Teodoro "TG" K. Limcaoco, who is the current president of the Bank of Philippine Islands (BPI).

It is the third consecutive year that Pres. Gil made it to the elite roster of business leaders recognized by the Asia CEO Awards for their outstanding achievement in business as well as in uplifting society. It is, however, the first time for PP TG. Both Pres. Gil and PP TG were awarded for their successful leadership of their respective companies, providing their fellow Filipinos with decent jobs and inclusive opportunities to better their lives, while significantly contributing to the country's economic growth.

The Asia CEO Awards represents the grandest alliance of local and international business people ever created to promote the Philippines.





Sps. Nikki Jimenez as Moderator



Sps. Sheila Carlos as Invocator



President Gil G. Chua during his President's Time



Ms. Anna Chua- Norbert Introduces the Guest Speaker



Dr. Beverly Lorraine C. Ho during her talk



Dr. Beverly Lorraine C. Ho receives a Gift of Life certificate from the club





























Induction of Mr. Jan Antonio Campos, new member of RCMW, on October 13, 2022 at Dusit Thani Hotel

Ro

3830.

IVEMBER









Fireside Chat with Mr. Jorgen Ejbol, Chairman, Jyllands-Posten Foundation on October 14, 2022 at Penthouse, Spaces World Plaza, BGC



























Oktoberfest on October 15, 2022, Saturday at The Tent, Solaire Resort & Casino







RCMW Mass & Tribute for PP Eddie Hernandez on October 19, 2022 at Capilla of the Santuario de San Antonio, Forbes Park, Makati City





1st Leg Governor's Cup -End Polio Golf Tournament & Fellowship 2022 on Ocotber 21, 2022, Friday, at Summit Point Golf & Country Club







Ceremonial tee off & Shot gun of 1st Leg Governor's Cup -End Polio Golf Tournament & Fellowship 2022









































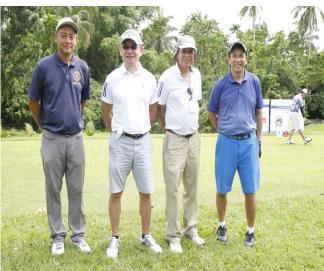




































































1st Leg Governor's Cup - End Polio Golf Tournament & Fellowship 2022 Awarding of Winners























































53rd Anniversary Meeting with Chairman PP Eric Tensuan & President Gil Chua on October 25, 2022 at Hai Shin Lou Restaurant, Arnaiz Ave., Makati City



DE

The RCMW Satellite Club attended the Regular Club Meeting of RC Makati Paseo de Roxas on October 26, 2022 , Wednesday 6pm at City Club, Makati City





Joint "Happy Hour" Fellowship between Rotary Club of Makati West & Rotary Club of Makati on Thursday, October 27, 2022, 6:30 pm at Akitaya Japanese Restaurant & Nokal Bar & Restaurant for drinks at Makati Cinema Square

























RCMW Rotary Spouses Trick & Treat Outreach Party on October 30, 2022 at Kanlungan ni ER-MA, 2029 F.T. Benitez St. Malate Manila















The Rotary Club of Makati West

President Gil Chua, the Board of Directors, and the Club Advisers led by PRID Guiller Tumangan

are requesting the honor of your presence at the Club's

53rd Anniversary Celebration with Guest of Honor Rotary International President Jennifer Jones

Saturday / November 26th / 5:00 pm Grand Sunset Pavillon, Sofitel Manila

> Dress Code Black Tie & Long Gown

RSVP by November 15th

Kai Yarra Email:kai.rcmw2@gmail.com Viber:+63 917 543 1709 Jameson Manlangit Email:jamesonrcmw@gmail.com Viber:+63 917 543 1704

Important: Must present antigen test at registration







Rotary Club of Petaling Jaya **imagin** Rotary

() /ROTARYCLUBPJ

www.ROTARYPJ.com

No. 121, Block A, Kelana Centre Point, SS7/19, 47301 Petaling Jaya, Selangor. Malaysia

Royal Patron DYMM Sultan of Selangor DYMM Sultan Sharafuddin Idris Shah Alhaj Ibni Almarhum Sultan Salahuddin Abdul Aziz Shah Alhaj

Board of Directors (2022/2023)

President Nicholas Chan Yee Soon HP: 013 - 941 9894 president@rotarypj.com

President Elect Rajiv Mathews George HP: 012 - 215 0792 pres-elect@rotarypj.com

Imm. Past President IPP Melisa Francis HP: 012 - 331 9620 ipp@rotarypj.com

Vice President Major Francis Ng HP: 012 - 405 2430 vp@rotarypj.com

Hon. Secretary Datin Sivaneswari Pillay HP: 016 - 220 5410 secretary@rotarypj.com

Hon. Treasurer Fan Ka Chun HP: 012 - 386 0738 treasurer@rotarypj.com

Club Administration Club Trainer PP Victor Lee Lap Kong HP: 012 - 403 5397 clubadmin@rotarypj.com

Community Service PP Goh Seng Chuan HP: 012 - 267 9727 service@rotarypj.com

The Rotary Foundation PAG Rianne Chin HP: 012 - 303 8126 rotaryfoundation@rotarypj.com

Youth Services Anusha Mariappan HP: 019 - 413 2270 youth@rotarypj.com

Public Image Rajiv Mathews George HP: 012 - 215 0792 publicity@rotarypj.com

Membership PP Siti Haslindah Bt Sheikh Ismail HP: 018 - 280 6007 membership@rotarypj.com

Sergeant-At-Arms PP Yung Seng Fook HP: 012 - 212 6239 saa@rotarypj.com 1st September 2022

PRESIDENT GIL G. CHUA

ROTARY CLUB OF MAKATI WEST Unit 1903 Cityland Herrera Tower, V.A. Rufino cor. Valero St., Salcedo Village, Makati City, 1227

Dear President Gil Chua,

INVITATION TO ROTARY CLUB OF PETALING JAYA'S 62^{ND} ANNIVERSARY CELEBRATION DINNER – 14^{TH} JANUARY 2023

On behalf of the Board and Members of your sister club, the Rotary Club of Petaling Jaya, we are truly proud and honoured to invite the Board and Members of the Rotary Club of Makati West to our 62^{nd} Anniversary Celebration Dinner, which will be held on the 14^{th} of January 2023.

After 2 years of the Covid-19 pandemic and our various national lockdowns, we are truly happy to finally be able to welcome our sister clubs back to celebrate our 62^{nd} Anniversary in style. We have indeed missed your presence and look forward to hosting all of you next year.

The tentative itinerary are as follows:

12th January 2023: Arrival in Kuala Lumpur & Transfer to Hotel Welcome Dinner by RCPJ

13th January 2023: Closed Golf Tournament between RCPJ & Sister Clubs *Concurrent:* Spouse Program, organized by First Lady, Sumana Lum Dinner Hosted by President Nicholas Chan

14th January 2023: RCPJ Project Visits (National Kidney Foundation, Supermum Project) Cultural Visit (Karyaneka) 62nd Anniversary Dinner

25th January 2023: Departure from Kuala Lumpur





IMAGINE ROTARY

(ROTARYCLUBPJ)
 www.ROTARYPJ.com

www.ROTARYPJ.com

No. 121, Block A, Kelana Centre Point, SS7/19, 47301 Petaling Jaya, Selangor. Malaysia

Royal Patron DYMM Sultan of Selangor DYMM Sultan Sharafuddin Idris Shah Alhaj Ibni Almarhum Sultan Salahuddin Abdul Aziz Shah Alhaj

Board of Directors (2022/2023)

President Nicholas Chan Yee Soon HP: 013 - 941 9894 president@rotarypj.com

President Elect Rajiv Mathews George HP: 012 - 215 0792 pres-elect@rotarypj.com

Imm. Past President IPP Melisa Francis HP: 012 - 331 9620 ipp@rotarypj.com

Vice President Major Francis Ng HP: 012 - 405 2430 vp@rotarypj.com

Hon. Secretary Datin Sivaneswari Pillay HP: 016 - 220 5410 secretary@rotarypj.com

Hon. Treasurer Fan Ka Chun HP: 012 - 386 0738 treasurer@rotarypj.com

Club Administration Club Trainer PP Victor Lee Lap Kong HP: 012 - 403 5397 clubadmin@rotarypj.com

Community Service PP Goh Seng Chuan HP: 012 - 267 9727 service@rotarypj.com

The Rotary Foundation PAG Rianne Chin HP: 012 - 303 8126 rotaryfoundation@rotarypj.com

Youth Services Anusha Mariappan HP: 019 - 413 2270 youth@rotarypj.com

Public Image Rajiv Mathews George HP: 012 - 215 0792 publicity@rotarypj.com

Membership PP Siti Haslindah Bt Sheikh Ismail HP: 018 - 280 6007 membership@rotarypj.com

Sergeant-At-Arms PP Yung Seng Fook HP: 012 - 212 6239 saa@rotarypj.com The Organizing Committee has humbly requested that during your arrangement for flights, please ensure that your party arrives together to ease our pickup and please channel all hotel arrangements through us.

If you have any enquiries, you may contact me personally on this matter and I will pass your details along to the Committee Chair, alternatively you can also contact our TRF/International Service Director, PP Rianne Chin.

We look forward to hearing from you very soon.

Yours in Service,

NicholasChan

Nicholas Chan Yee Soon President, Rotary Club of Petaling Jaya Rotary Year 2022/2023

Сс.

Datin Sivaneswari Pillay, Honorary Secretary PP Rianne Chin, TRF/International Service Director



Bella V. Arances 3 years. old, female Negros Oriental



Clarice Darielle Dela Peña Adricula 6 years. old, female Sucat, Muntinlupa City

PROJECT UPDATES

GIFT OF LIFE

GOL RY 2022-2023

De Los Santos Medical Center (6) PDA Device Closure October 26, 2022



Lakeisha Amari Moñoz Cabidog 7 mos. old, female Antipolo City



Liam Enrique Hatol Reyes 1 year old, male Bataan province



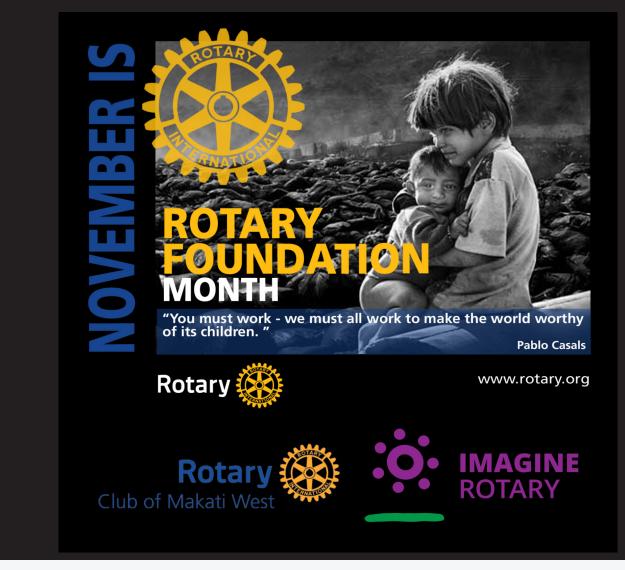
Danica Manahan Sambrano 10 mos. old, male Nueva Ecija



Callie Lindsey Ladi Mendoza 4 years old, female Ilocos Sur

PROJECT UPDATES GIFT OF LIFE GOL RY 2022-2023





Missed out on past events? We've got them in archives you can access in just a few clicks.



Click to explore >

a INDUCTION & HANDOVER

Click to explore >



Project Photos

Click to explore >

Click to explore >





THE FOUR WAY TEST OF THE THINGS WE THINK, SAY AND DO

ROTARY INTERNATIONAL

Is it the Truth?
Is it FAIR to all concerned?
Will it build GOOD WILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to

all concerned?

ROTARY CLUB OF MAKATI WEST

I. Is it RECOGNITION?

II. Is it RETENTION?

III. Is it RECRUITMENT?

IV. Is it FUN?









RY 2022-2023 Officers, Directors & Club Advisers

Gil Chua President **Vice President** Jaime Bautista Secretary/PE Juan Antonio Carlos Gerardo Laperal Treasurer Tristan Choa Director Director Leonardo Cuaresma. Jr. Director Paul Daza **Epifanio Delos Santos** Director Elmer Francisco Director Director Scott Moore Director **Charles Bernard Reyes** Sqt.-At-Arms Javier Berenguer-Testa Ex-Officio Dir. Franco Del Rosario Club Adviser PRID Guiller Tumangan Club Adviser PP Carmelino P. Alvendia, Jr. Club Adviser PP Dennis Decena Club Adviser PP Noel Laman Club Adviser PP Teodoro Limcaoco Club Adviser PP Amando Jesulito Jimenez Club Adviser PP Larry Ocampo Club Adviser **PP Roque Tordesillas** Club Adviser PP Antonio Tambunting III Club Adviser **PP Enrico Angeles** Club Adviser **PP Ramon Guerrero** Club Adviser **PP Edgardo Balois** Club Adviser PP Aurelio Paulo R. Bartolome Club Adviser PP Victor L. Vital Club Adviser PP Ruy Moreno Club Adviser **PP Dave Caldwell** Club Adviser PP Luis Del Rosario. Jr. Club Adviser PP Enrico B. Tensuan Club Adviser **PP** Alasdair Thomson

Honorary Members Hon. Secretary Albert del Rosario and Mr. Rob Raylman

THE WEST SIDE STORY STAFF

Secretariat:	Shekinah Yarra
	Jameson Manlangit
DDB Team:	Maricar Manuzon-Angeles
	Hiedy Enriquez



Thank you for your continuous service. <u>Click here to see the list of payees.</u>

Remain part of our cause by sending your dues to:

ROTARY FOUNDATION OF MAKATI WEST, INC.

ACCOUNT NO: 001680053572 BRANCH: PHILAM TOWER VALERO BANK NAME: BANCO DE ORO

If you have paid but don't see your name on the list of payees, please send proof of deposit to the Secretariat:

> jamesonrcmw@gmail.com kai.rcmw2@gmail.com

Stay up to date with club happenings via

http://rcmakatiwest.ph www.fb.com/RCMWD3830 rcmakatiwest2020@gmail.com (63-2) 7753 3098

Unit 1903 Cityland Herrera Tower, V.A. Rufino cor. Valero St., Salcedo Village, Makati City, 1227