

WEST SIDE STORY

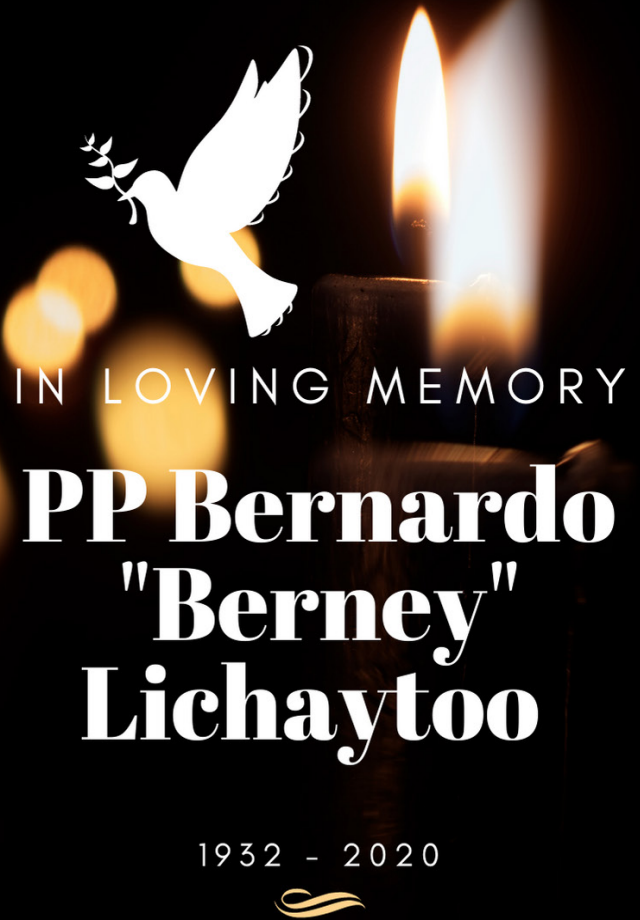
Rotary
Club of Makati West



 OFFICIAL FACEBOOK PAGE
RCMWD3830

*Volume 15, RY 2020-2021
2,279th Meeting (since 1969)
October 22, 2020*

2 Corinthians 5:15 For we know that when this earthly tent we live in is taken down (that is, when we die and leave this earthly body), we will have a house in heaven, an eternal body made for us by God himself and not by human hands.



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MONTHLY ACTIVITIES

FIRESIDE CHAT

Date: October 24, 2020/ Saturday
Venue: Zoom Conference
Time: 4:00pm
Hosted: PP Larry Ocampo, PP TG Limcaoco,
PP Jay Tambunting & PP Roque
Tordesillas
Topic: Athletic Behavior of Makati West
Rotarians: Prevent Sexual Dysfunction

FIRESIDE CHAT

Date: October 27, 2020/ Tuesday
Venue: Zoom Conference
Time: 5:30pm
Hosted: Rtn. Jon Rocha & Rtn. Miguel Pertierra
Topic: The Current and Future State of the
Seafering Industry

LUNCH MEETING

Date: October 29, 2020/ Thursday
Venue: Zoom Conference
Time: 12nn - 2pm
GS: Ms. Rina Lopez Bautista
President
Knowledge Channel Foundation

HALLOWEEN MURDER MYSTERY FELLOWSHIP

Date: October 29, 2020/ Thursday
Venue: Zoom Conference
Time: 7pm-9pm

TODAY'S PROGRAM

12:15 PM Call to Order PRESIDENT ALASDAIR J.W THOMSON	12:40 PM President's Time PRESIDENT ALASDAIR J.W THOMSON
Invocation PP LOU DEL ROSARIO	12:45 PM Introduction of the Guest Speaker RTN. TIMMY TAN
12:20 PM Philippine National Anthem (Video)	Speech DR. REGINA PASCUA-BERBA Infectious Diseases Consultant Philippine General Hospital
RCMW Hymn by PP NOEL LAMAN	<i>Topic title: Update on COVID-19</i>
Remembering PP Berney Lichaytoo by PRID GUILLER TUMANGAN	Moderator PP ED BALOIS
Introduction of Visiting Rotarians and Guest	
Introduction of Distinguished Personalities at the e-presidential table	
End Polio talk by PDG OSKIE DE VENECIA	
Committee Announcements	
BIRTHDAY CELEBRANTS	WEDDING ANNIVERSARY
PP Ernie Fajardo Oct 26	Treas. Tristan Choa Oct 25
Rtn. Charles Rufino Oct 27	Sps. Sobee Oct 25
Sps. Ana Rocha Oct 27	PP Bobby Lim Oct 25
Rtn. Chris Moriarty Oct 28	Sps. Marivic Oct 25
Rtn. Tonito Payumo Oct 29	
Sps. Guia Tan Oct 31	
Sps. Matet Elizaga Oct 31	



PRESIDENT'S MESSAGE



ALASDAIR J.W THOMSON
President, RY 2020 - 2021

Men of Action!

This morning's breakfast chez your President centered on how differently 2020 has turned out from what we expected. It brought to mind Robert Burns' famous words in "To a Mouse":

*But Mousie, thou art no thy-lane, In proving foresight may be vain:
The best laid schemes o' Mice an' Men, Gang aft agley,
An' lea'e us nought but grief an' pain, For promis'd joy!*

*Still, thou art blest, compar'd wi' me! The present only toucheth thee:
But Och! I backward cast my e'e, On prospects drear!
An' forward tho' I canna see, I guess an' fear!*

For sure, one thing that has been reinforced to all of us this year is that the future is uncertain.

Maybe 2020 came to remind us that this has always been the case, and to remind us also of some other oft-forgotten truths: to enjoy and revel in the present moment; to be mindful of the small things and as well as the big; that resilience and creativity and resourcefulness are among the most valued of human traits (and that we would do well to ensure that our children learn them despite our urge to protect them); that ultimately we really are all in this together, and so being kind to your neighbour is simply the same as being kind to yourself. For sure 2020 has forced us to recognise our need for family and friends, and of their priceless value in our lives.

Where I differ from Burns in this case is that I do not fear the future, regardless of how opaque it may be. What I've personally learned (with this week being the sixth anniversary of Chinot's death as a case in point), is that no matter how bad things may seem, we are designed to bounce when we crash. We rebound with the energy and love of friends that we knew we had, of others that appear from nowhere, and of yet more that we never meet but whose prayers and charitable energy lift us up like magic. We find new ways, we flex, we learn, we develop. We continue to grow.

Compared to six years ago, 2020 is a walk in the park for me. It is that way in large part because of you. Because in RCMW I found friendship, and support, and a change of scene, and a different purpose. I will be forever grateful that I found this club.

And though you may not see it for yourselves, all that you do at RCMW is helping people to bounce back in tough times, is helping them move ahead when their "best laid plans" have gone awry.

Let's keep doing that. What goes around, comes around.

Yours in Zest,
Alasdair Thomson

Today's phrase is:

“Bosie” [ˈbo:zi] n. and v.

Although most commonly associated with the North East and the Doric, this is a word most Scots would recognise. As a noun it means the bosom or breast, first recorded in the 1842 quotation from J. Ballantine in *Whistle Binkie*: “Wi’ a shower o’ snaw, Flaiket owre her bozy.” (trans: with a shower of snow, flaked over her bosom).

Most people recognise it now in the verb form, which means to hug or to cuddle. “Gie’s a wee bosie!” (give me a small hug).

Obviously the best bosie involves being tightly hugged to the most ample bosie...



Scottish Heritage

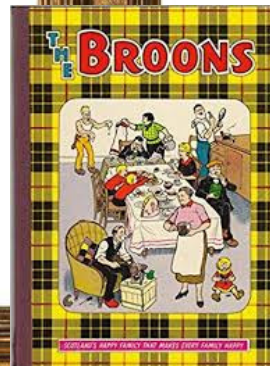
The Broons

Appearing in the same *Sunday Post* newspaper as *Oor Wullie* (see prior SH), *The Broons* first appeared in print in August 1936 and have been a family favourite since. The stories cover the adventures of the Brown family who live in a tenement flat at 10 Glebe Street in (since the late 1990s) the fictional Scottish town of Auchentogle or Auchenshoogle.

The family includes Grandpaw (loves his gardening), Paw (thinks he is head of the family), Maw (is the head of the family), Hen (lanky and somewhat gleikit eldest son), Daphne (the “homely” daughter), Joe (the good looking, sporty son), Maggie (the pretty and fashionable younger daughter), the Twins and the Bairn (the late “surprise” kids).

Most of the humour derives from the timeless themes of the “generation gap,” stretching the money as far as possible, and the constant struggle for each family member to live in a very small flat with the other nine Broons. In the end, the family always support one other, getting through life with a gentle good humour as they argue amongst themselves.

Swapping in alternate years with *Oor Wullie* for the publication of a compendium bi-ennial that also regularly made its way into my Christmas stocking and that of millions of Scots around the world.



MODESTY ASIDE



Full name: Luis Miguel Arcangel

We call you: Luis

Relationship and family: PP/AG Louie Arcangel, Father. Pia and Ica Arcangel, sisters.

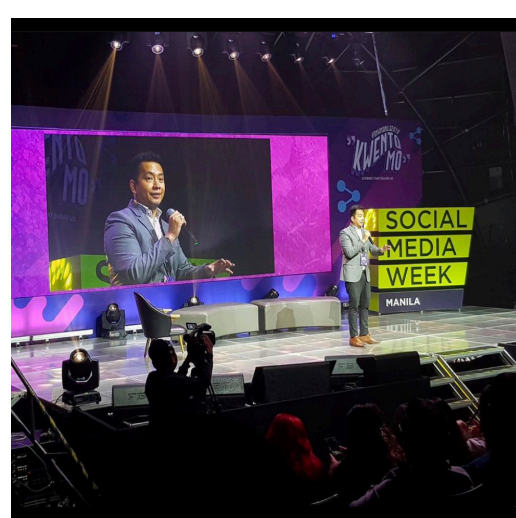
Education and Training: Post Graduate Diploma, Applied Marketing Strategy, Cornell University.

Master of Science in Marketing Communications, DLSU Graduate School of Business

Day Job : CEO, Fitch + Holdings

Work fulfillment: To affect positive change and open uncharted new boundaries within my market segment, along with helping startup entrepreneurs achieve their goals and objectives.

Work challenges: Finding the right partners to work with, I put a premium on reciprocated loyalty through thick and thin. Time away from family as my work requires me to travel almost 50% of the time.



Rotary goals: To eventually chair a committee and positively impact the community through project driven service.

Rotary achievements: Benefactor Recognition Award, Discon 2018. Paul Harris Fellow, 2018-2019. Involved in Christmas Committee three years running. In charge of subcommittee for delegates from Hawaii, Taipei, Petaling Jaya and Kowloon West during Makati West anniversary.

Special talents/ interesting facts: First Filipino to complete a Full Ironman Triathlon 3.8 km swim/ 180 km swim/ 42 km run (Timex 226 pioneer batch, 2nd place 25-29 age group) and a sanctioned 160 km ultramarathon race (Bataan to Tarlac) in the same calendar year

(2011) Asia CEO Capital One Young Leader of The Year (2016) TOYM Nominee (2018) Finalist, Futuristic Fiction, Don Carlos Palanca Memorial Awards for Literature (2004)

Hang-out place: Manila House, pre-pandemic.

Poison/ Drink of choice: 1800 Anejo, VSOP Very Special Blend

MEETING REVIEW - OCTOBER 15, 2020



PP Jay Tambunting acts as Moderator



Dir. Edsa De Los Santos acts as Invocator



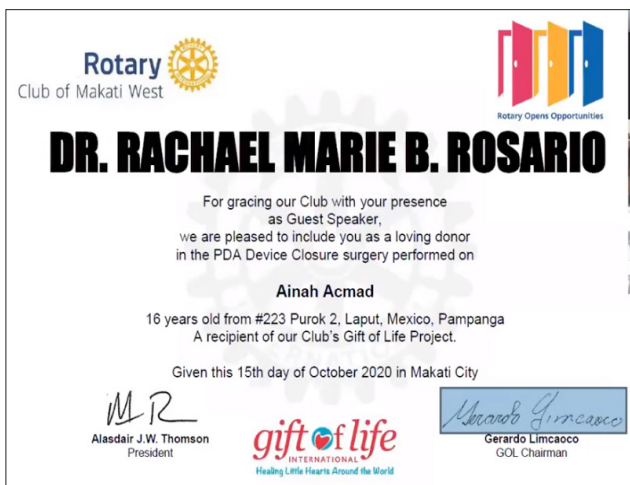
Pres. Al Thomson during his President's Time



Dir. Lito Mercado introduces the Guest Speaker



Dr. Rachael Marie Rosario giving his talk



Dr. Rachael Marie Rosario receives a Gift of Life Certificate from the Club



ABOUT THE GUEST SPEAKER



DR. REGINA PASCUA-BERBA
Infectious Diseases Consultant
Philippine General Hospital

CURRENT POSITIONS

University of the Philippines-Philippine General Hospital

Associate Professor IV 2018 to present
Clinical Associate Professor 2000 to 2018
Medical Specialist III 2003 to 2018, 2020 to present
Division Chief, Division of Adult Medicine
Dept of Medicine 2016 to present
Chair, Hospital Infection Control Unit 2004 to present
Chair, Antimicrobial Stewardship Committee 2016 to present
Executive Director, UP-PRIME TB DOTS 2010 to present

The Medical City

Section Head, Infectious Disease Section 2011 to present
Director, I-REACT (TMC HIV/AIDS) Clinic 2012 to present

TRAINING and EDUCATION

M.S. CLINICAL EPIDEMIOLOGY 2006
University of the Philippines College of Medicine, 2006
Fellowship, INFECTIOUS DISEASES Department of Medicine 1997-1998 (Chief ID Fellow)
University of the Philippines-Philippine General Hospital, Manila
Residency INTERNAL MEDICINE, 1991 June to 1994 June
Medical College of Pennsylvania, Philadelphia, Pennsylvania, USA

Internship, INTERNAL MEDICINE, 1990 June to 1991 June
St. Francis Medical Center Pittsburgh Pennsylvania USA
Straight Internship Program, INTERNAL MEDICINE 1987 May to 1988 April
University of the Philippines-Philippine General Hospital, Manila
M.D. University of the Philippines College of Medicine, 1987
B.S. BIOLOGY University of the Philippines, 1983, magna cum laude
Philippine Science High School, 1980

AWARDS

Exemplar for Health Advocacy, Philippine College of Physicians 2020
Presidential Award 2019 given by the Philippine Society for Microbiology and Infectious Diseases Nov 2019
Ripple Awards 2019 Individual of the Year Award for HIV advocacy during the Love Gala May 2019 by the Love Yourself and the UNAIDS
Exemplar for Research, Philippine College of Physicians May 2019
UPAA Distinguished Alumni Award in Health Research and Education, University of the Philippines Alumni Association August 2018
Governor's Special Award, Soroptimist International of the Philippines Inc 2018
Oblation Leadership Award Philippine General Hospital Department of Medicine May 2018
Most Outstanding in Medical Services Award UP Medical Alumni Society December 2017
Most Outstanding Researcher UP Medical Alumni Society December 2015
Most Outstanding Senior Consultant Philippine General Hospital Department of Medicine 2015
International Ambassador Society of Healthcare in America April 2013
Most Outstanding Medical Specialist Philippine General Hospital August 2005
Most Outstanding Junior Consultant PGH Department of Medicine 2004
Ramon Abarquez Award for the Most Outstanding Fellow of the Year December 1998
Balik Scientist Award Department of Science & Technology Philippines 1994
Rookie of the Year Award St Francis Medical Center Pittsburgh PA 1991

RCMW GIFT OF LIFE (GOL) BENEFICIARIES RY 2020-2021

De Los Santos Medical Center

October 15, 2020



Makki Isaiah Mina, 1 year and 4 months old, San Antonio, Gerona, Tarlac, PDA Device Closure



Sharmaine Jane Bonagua, 10 year old, Villaluz, Sta. Rosa 1, Marilao, Bulacan. PDA Device Closure



RCMW CATARACT PROJECT III RY 20-21

Med Surg Eye Center, BF Homes Paranaque City

October 17, 2020



**PRE-OPERATION CATARACT
RY 20-21**



**POST-OPERATION CATARACT
RY 20-21**



Divina Ortecio, 62 years old, Bulacan



Edna Sta. Isabel, 70 years old, Makati City



Glenafe Bautista, 52 years old, Imus Cavite

**PRE-OPERATION CATARACT
RY 20-21**



**POST-OPERATION CATARACT
RY 20-21**



Laarni Gadong, 37 years old, Imus Cavite



Nenita Casas, 67 years old, Taguig City



Nieves Cabrera, 73 years old, Las Pinas City

**PRE-OPERATION CATARACT
RY 20-21**



**POST-OPERATION CATARACT
RY 20-21**



Teodorico Alonzo, 60 years old, Makati City



Arellano Irlandez, 63 years old, Imus Cavite



Aurora Merza, 69 years old, Makati City

HALLOWEEN MURDER MYSTERY FELLOWSHIP

Via Zoom

October 29, 2020

RCMFW Zoom
Halloween Party
OCT 29, 2020, THURSDAY 7PM-9PM
Open to join all Spouses and Partners. Limited to 45 slots ONLY!

Open to join all Spouses and Partners. Limited to 45 slots ONLY!

THE MURDEROUS MEETING It's the Mystery Corp's board meeting and the CEO was about to give a very important announcement. The meeting turns fatal as one of the attendees was murdered.

Stay alert and use your detective skills to uncover the murderer before the end of the virtual meeting.

Meeting Date: Thursday 29th October @ 7pm-9pm

Sign up link
<https://forms.gle/jHtMMByvdyEQZ7d38>

YOUR CLUB IN THE CLOUD

<https://drive.google.com/drive/folders/1nxigVxYpiCR5R09BePZH>

Weekly Meeting Videos

<https://drive.google.com/drive/folders/1RHNBRUCUvP6vbvb4sMV3000T?usp=sharing>

Induction & Handover

https://drive.google.com/drive/folders/1B3VwucxVYyERj8ioFTWO_HbZC8loHuLNP?usp=sharing

Fireside Chat Archive

West Side Story

<https://drive.google.com/drive/folders/1oa3zrZT6FzmWOYRX7i3Y6TYKAiyQsct3?usp=sharing>



RY 2020-2021 Officers Directors & Club Advisers

President	Alasdair Thomson
VP / Pres. Elect	Franco Del Rosario
Secretary	Javier Berenguer-Testa
Treasurer	Tristan Choa
Director	Gil G. Chua
Director	Epifanio Delos Santos
Director	Christopher Dino Dumatol
Director	Gerardo Oliverio Laperal
Director	Lauro Leviste
Director	Davy Lim
Director	Lito Mercado
Sgt.-at-Arms	Juan Antonio Carlos
Ex-Officio Director	Enrico B. Tensuan
Club Adviser	PRID Guiller Tumangan
Club Adviser	PDG Tony Rufino
Club Adviser	PDG Oscar De Venecia
Club Adviser	PP Carmelino P. Alvendia, Jr.
Club Adviser	PP Roque Tordesillas
Club Adviser	PP Antonio Tambunting III
Club Adviser	PP Phillip Hagedorn
Club Adviser	PP Fern Peña
Club Adviser	PP Eric Angeles
Club Adviser	PP Ramon Guerrero
Club Adviser	PP Aurelio Paulo R. Bartolome
Club Adviser	PP Victor L. Vital

Honorary Members:

Hon. Secretary Albert del Rosario, PDG
Lito Colona, Mr. Rob Raylman and Dheeraj
Wadhwani

E-mail: rcmakatiwest2020@gmail.com

Telephone no.: (63-2) 753 3098

Fax no.: (63-2) 845 1655

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Tower, V.A. Rufino cor. Valero St., Salcedo
Village, Makati City, 1227

THE WEST SIDE STORY STAFF

Secretariat: Shekinah Yarra &
Royce Ann Ladan

Thank you for paying your dues!!!

PDG Tony Rufino	Rtn. Derrick Santos
Rtn. Elmer Francisco	Rtn. Miguel Pertiera
Rtn. Timmy Chuidian	PP Mon Guerrero
Rtn. Nono Ibazeta	PP AP Bartolome
Rtn. Gerry Limcaoco	PP Roque Tordesillas
Rtn. Gerry Laperal	Rtn. Jun Lagman
Pres. Al Thomson	Rtn. Chris Moriarty
PP Jun Alvendia	PP Fern Peña
Rtn. Tonito Payumo	Rtn. Ramon Arnaiz
PP TG Limcaoco	Dir. Lito Mercado
PP Ruy Moreno	Rtn. Andy Aguila
Rtn. JP Delgado	Rtn. Paolo Pineda
PP Junvee Vital	PP Bobby Cabral
PP Eric Angeles	PP Ernie Fajardo
Treas. Tristan Choa	PP Bobby Lim
Rtn. Jon Rocha	Rtn. Venu Kotamraju
PP Dave Caldwell	Rtn. Jimmy Bautista
Rtn. Bok Malantic	Rtn. Ron Cang
Rtn. Serge Arroyo	Rtn. Charles Rufino
Rtn. Scott Moore	Rtn. Luis Cantada
Rtn. Hiro Koro	PP Lito Jimenez
Rtn. Timmy Tan	Rtn. Louie Elizaga
Rtn. Patrick Dionisio	Rtn. Tope Narciso
PDG Oskie De Venecia	Rtn. Chito Santiago
PRID Guiller Tumangan	SAA Dax Carlos
Rtn. Cesar Villanueva	Rtn. Bern Reyes
PP Larry Ocampo	Rtn. Mike Bailon
PP Dennis Decena	Rtn. Rj Tabuena
PE Franco Del Rosario	PP Phillip Hagedorn
PP Lou Del Rosario	Rtn. Mark Sambar
Dir. Dino Dumatol	Rtn. Mark Puyat
PP Ed Balois	Rtn. Robert Yupangco
PP Jay Tambunting	Rtn. Javi Berenguer Testa
Rtn. Isaji Minoru	Rtn. Zdenek Jankovsky
Rtn. Toshi Ishikawa	Rtn. Lars Wittig
PP Noel Laman	Rtn. Newton Smith
IPP Eric Tensuan	Rtn. Ryan Kern
Rtn. Joey Avellana	Rtn. Peter Hager
Dir. Gil Chua	Rtn. Hans Del Rosario
Rtn. Ramesh Dargani	Rtn. Edsa De Los Santos
	Rtn. Jun Cuaresma

**"CALLING ON THE 31 MEMBERS WITH ANNUAL
DUES THAT REMAIN UNPAID. PLEASE CONTACT
KAI AT ((0917) 543-1709 IF YOU WOULD LIKE
YOUR PAYMENT PICKED UP."**

Please be informed that checks
must be payable to:

**ROTARY FOUNDATION
OF MAKATI WEST, INC.**

Bank Details:

ACCOUNT NO: 001680053572
BRANCH: PHILAM TOWER VALERO
BANK NAME: BANCO DE ORO

Please send deposit slip to the Secretariat
roycercmw@gmail.com
kai.rcmw2@gmail.com

If you are unavailable to send your
deposit slip, your payment will
remain outstanding in our records.

"We have unidentified deposits in our account, if
you have already paid it is important for us to
receive your deposit slip so we can account.
Thank you"