

UEST SIDE STORY OFFICIAL NEWSLETTER OF ROTARY CLUB OF MAKATI WEST

Vol. 7, RY 2022-2023 2,361st Meeting (since 1969) September 1, 2022



Testimonial Dinner for DOTr Sec. Jimmy Bautista on August 24, 2022 at Conrad Hotel, Pasay City





Today's Guest Speakers:

DR. RONNY TAN SENIOR CONSULTANT UROLOGIST

DR. KIERON LIM SENIOR CONSULTANT, GASTROENTEROLOGIST MOUNT ELIZABETH HOSPITAL SINGAPORE

New RCMW website 🔿 WWW.rcmakatiwest.ph

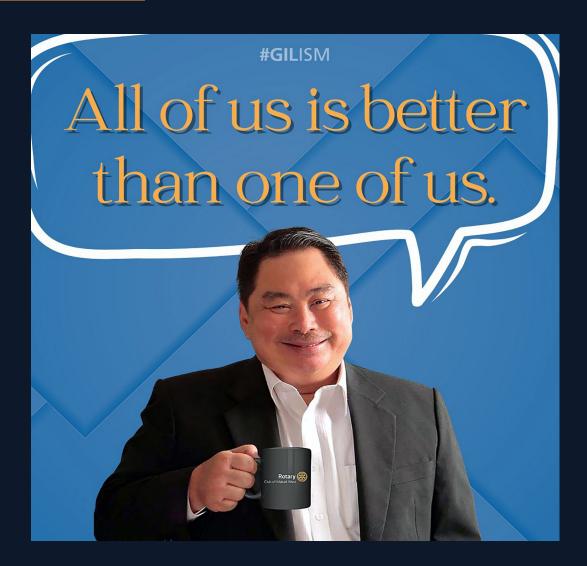
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GILISM FOR THE WEEK

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Joint Lunch Meeting with Rotary Club of Forbes Park Rotary Club of Makati Central Rotary Club of Makati South

Date: September 1, 2022/ Thursday Venue: Glass House, New World Makati Hotel Time: 12:00nn to 2:30pm

Lunch Meeting

Dr. Guido David Professor, Institute of Mathematics University of the Philippines Fellow, OCTA Research Date: September 15, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12nn to 2pm

Rotary Anns Get Together

Date: September 17, 2022/ Saturday Venue: Rosanna Angeles' Home Time: 5:00pm



Joint Lunch Meeting with Rotary Club of Makati Uptown Rotary Club of Makati Ayala Triangle Rotary Club of Makati San Lorenzo Rotary Club of Makati Paseo de Roxas Rotary Club of Muntinlupa Business District

Jessie Harman Rotary International Director 2021-23 Rotary Club of Wendouree Breakfast Victoria, Australia Date: September 22, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12:00nn to 2:30pm



Air Asia

Lunch Meeting

Mr. Ricky Isla Chief Executive Officer AirAsia Philippines Date: September 29, 2022/ Thursday Venue: Dusit & Zoom Conference Time: 12nn to 2pm



TODAY'S PROGRAM

12:30 PM Call to Order MIP MANJIT REANDI, RC Forbes Park PE CRIS GIOVANNI C. CHIONG, RC Makati Central MIP JOSEPH GARCIA, RC Makati South MIP GIL CHUA, RC Makati West

> Invocation RTN. JUDD BALAYAN, RC Makati West

Philippine National Anthem (video)

12:40PM Club Hymn

RC Forbes Park Club Song RC Makati West Hymn RC Makati South Hymn

Introduction of Visiting Rotarians and Guest;

President's Time MIP MANJIT REANDI, RC Forbes Park PE CRIS GIOVANNI C. CHIONG, RC Makati Central MIP JOSEPH GARCIA, RC Makati South MIP GIL CHUA, RC Makati West Introduction of Guest Speaker PP EDWIN SALONGA, RC Forbes Park

1:30 PM Speech DR. RONNY TAN Senior Consultant, Urologist, Mount Elizabeth Hospital Singapore

> DR. KIERON LIM Senior Consultant, Gastroenterologist, Mount Elizabeth Hospital Singapore

Open Forum

Presentation of Token of Appreciation

2:30 PM Adjournment

MIP MANJIT REANDI, RC Forbes Park PE CRIS GIOVANNI C. CHIONG, RC Makati Central MIP JOSEPH GARCIA, RC Makati South MIP GIL CHUA, RC Makati West

Moderator PE ANTON P. JACOMINA, RC Forbes Park

THIS WEEK'S CELEBRANTS



September 5 SPS. LILY REYES-LAO Birthday



September 5 SPS. FE TACANDONG Birthday



September 3 PP ERIC ANGELES & SPS. ROSANNA Wedding Anniversary



September 8 RTN. PAOLO DELGADO & SPS. ANDI Wedding Anniversary



September 8 RTN. VENU KOTAMRAJU & SPS. ANA Wedding Anniversary







GUEST SPEAKER DR. RONNY TAN

Senior Consultant, Urologist

Dr Ronny Tan is a Urologist and Andrologist who subspecializes in Andrology, Male Subfertilty, Sexual Medicine and Urological Prosthetic Surgery and is the first Singaporean to be fellowship trained in USA in this niche specialty, having spent one year undergoing a SMSNA (Sexual Medicine Society of North America) with worldrenowned Andrologist and Prosthetic Urologist Professor Wayne Hellstrom, who served as the past president of the International Society of Sexual Medicine (ISSM), SMSNA and the American Society of Andrology (ASA).

Prior to starting his private practice at Advanced Urology Associates, Dr Tan was the Director of Andrology in Tan Tock Seng Hospital and helmed the Complex Erectile Dysfunction Clinic.

He pioneered the use of low-intensity extracorporeal shockwave therapy (LiESWT) for erectile dysfunction and started the clinical service using high power greenlight laser vaporisation for treating benign prostate enlargement in Tan Tock Seng hospital.

GUEST SPEAKER DR. KIERON LIM Senior Consultant, Gastroenterologist

Dr Kieron Lim is a gastroenterologist who is experienced in caring for patients with conditions related to the oesophagus, stomach, colon, liver, pancreas and gallbladder. His special interests include assessment and treatment of liver fibrosis, liver cirrhosis and its complications, viral hepatitis B and C, fatty liver disease, liver cancer and colon cancer.

He is also experienced in oesophago-gastro-duodenoscopy (OGD), endoscopic treatment of bleeding peptic ulcers, treatment of oesophageal and gastric varices, colonoscopy and polypectomy. He also performs capsule endoscopy and liver transient elastography (FibroScan).

Dr Lim graduated from St Bartholomew's and the Royal London School of Medicine (UK) and worked at the liver unit at the Royal Free Hospital before returning to Singapore. He undertook his fellowship training in advanced liver disease and liver transplantation at the Recanati/Miller Transplantation Institute at Mount Sinai, New York, USA.

Dr Lim currently serves as the director of the liver transplant programme at Mount Elizabeth Hospital, and vice-chair of the Chapter of Gastroenterologists at the Academy of Medicine, Singapore. Prior to starting private practice, Dr Lim was head of the division of gastroenterology and hepatology at NUH, and medical director for liver transplantation at the National University Centre for Organ Transplantation.



PRESIDENT'S MESSAGE

"Ber" months

Ber months have officially started. The first thought most of us probably had this morning was that how fast the days, weeks, and months of 2022 went by.

As for me, I can't believe it's been two months since I took on the challenge to serve as your president here at the best rotary club in the country, if not the world. But of course, I'm a little biased.

In two months' time, I have already accumulated loads of beautiful memories while serving my term in the club. We started doing everything face-to face from our weekly meetings and fellowships to our community service projects.

About two weeks ago, we were also very fortunate to have Rotary International President-Elect Gordon McInally visit our Gift of Life service project at the De los Santos Medical Center.

He called the Gift of Life operation he witnessed a "Rotary moment" just like what he had experienced when he visited Rotary community service projects in Rwanda, South Africa, and India.



He gushed over this special Gift of Life moment when he realized that it's another of those initiatives when Rotarians are really making a difference in the lives of people. We must take our cue from RIPE McInally and take in all those beautiful moments with gusto.

I wonder how many times have we taken a rotary moment for granted, when it's there for us to cherish and keep in our rotarian hearts forever? From now on, let's take extra time to pause, soak in the moment, and appreciate what we have been doing all along. It's good food for our hearts.

My challenge also is for you to keep a journal and photos of these rotary moments so someday, you can bring these back to reminisce, and even use these to inspire your children or grandchildren to be rotarians themselves.

As for me and our RCMW Secretariat, we will continue to document our activities in the West Side Story. Make sure you archive each issue in your computer.

Holiday season just around the corner

As September also ushers in the Philippines' longest celebration of the Christmas season in the world, we must brace ourselves for the things that come with it.

As things get back to normal- kids going back to their classrooms, heavy traffic taking up hours of our time daily, and shopping sprees everywhere - let us not forget to continue to observe the health protocols as COVID-19 is still very much in our midst, along with the new and traditional illnesses we can catch outside our homes.

Make sure you are also updated on how to keep your financial transactions secure since the holidays is also the time for scammers and online criminals to strike. Read and follow the online security tips from your banks. Be smart and be careful!



RI President-Elect Gordon McInally receives from RCMW President Gil Chua a Gift of Life certificate as a donor in the heart procedure he witnessed performed on a GOL beneficiary during his visit.

Notwithstanding all the hustle and bustle of the upcoming holiday season, there are still a lot of good things to look forward to. For one, everyone's excited to have their Christmas parties in person, after doing it virtually and hybrid in the past two years. Just be mindful of what you eat and drink in parties, especially if you are already on maintenance medication.

And one way to prepare for the stressful holidays is to stay fit. Exercise - simple walking and jogging will do. As for me, I love to swim! Get out and get your daily dose of sunlight!

Let's continue to mask up, bring that alcohol anywhere we go, and also avoid going to crowded places as much as possible. For most of us, remember our loved ones who rely on us to be around for a long, long time, so be smart and stay safe!

Maraming salamat po!

Gil G. Chua President, RY 2022-2023 Rotary Club of Makati West





FORETHOUGHT by: Craig Lonnee

I've been reading WSS with great interest, each week for a year or so. I positively commented on a recent issue, particularly Gil's opening piece. With that, straight back on Viber, he asked me if I'd like to post a weekly column. Of course, I immediately said, count me in.

So, here's my first FORETHOUGHT.

The definition being, thinking or planning out in advance; consideration for the future.

In my view, not enough people think about implications or consequences. I thought therefore I'd do my best to put some foresight to you each week, commenting on business issues that maybe of foremost importance.

WARP SPEED.

Recently I had the good fortune of meeting a particle physicist.

He worked at CERN, a nuclear research facility in Switzerland, which houses The Large Hadron Collider being the world's largest and most powerful particle accelerator.

As a physicist he explores how particles exist and interact.

Inevitably our spirited conversation turned to **speed.** He talked at the speed of light; I talked speed in business – more, faster for less.



As an aside, have you ever wondered we've always got time to fix a project that's gone off the rails, never the time to get it right the first time. Which got my newfound friend and I onto velocity: the speed of something in a given direction; swift. In physics, speed equals distance over time.

Speed + Direction is velocity (v) - the motion of bodies.

The velocity of an object is the **rate of change** of its position with respect to a frame of reference and is a function of **time.**

If there is a change in speed, direction or both, then the object has a changing velocity and is said to be undergoing an **acceleration**.

Speed describes how fast an object is moving, whereas velocity gives both how fast it is and in which direction the object is moving.

Being fascinated by physics, the study of matter and its motion and behavior through space and time. Physics also studies the related entities of energy and force.

At its core, physics is the understanding of behaviors.

BEHAVIORAL SCIENCE.

Surrounding the collision of science and innovation and the deployment of high-performance service models – an issue many industries has been pondering for years – in a pandemic consumed world, physics applies.

My new particle physicist friend posed an interesting observation – collaborating with creative people encourages scientists to work better. Why then are creative people perpetually reticent about science informing creativity? We postulated creatives and scientists are equally intuitive; scientists lean into data, creatives tend to accelerate in reverse, at light speed.

Learning from physics, four thoughts to close.

- 1. Could too much listening prevent fast action?
- 2. Need for consensus vs. latitude within limits?
- 3. Our operating models are built for incremental change, not moonshots.
- 4. We must become better at experimenting, a lot faster. FT





Rtn. Lars Wittig as Moderator



Dir. Bern Reyes as Invocator



President Gil G. Chua during his President's Time



Dir. Tristan Choa Introduces the Guest Speaker



Ms. Julia Abad during her talk



Ms. Julia Abad receives a Gift of Life certificate from the club







Anica Bartolome, daughter of PP AP Bartolome, and her fellow Rotary kids Maddie & Olivia Vital, receive an award each for their initiatives under the Gift of Life's Guardian Angel Program (GAP).

















Testimonial Dinner for DOTr Sec & RCMW VP Jimmy Bautista on August 24, 2022 at Taft Ballroom, Conrad Hotel, Pasay City









































Rtn. Roman Azanza as Master of Ceremonies























Rtn. Joey Avellana shares his beautiful friendship testimony about VP Jimmy Bautista





PP Bobby Lim shares his career milestone testimony about VP Jimmy Bautista



PRIID Guiller Tumangan gives his civic duty testimony about VP Jimmy Bautista







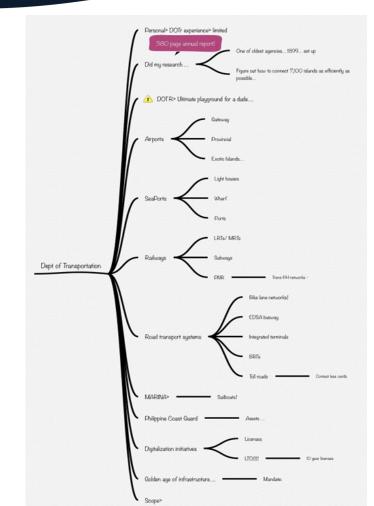


VP Jimmy Bautista receives the Gift of Life Certificate of Appreciation and NFT Certificate



Rtn. Roman Azanza's Trivia Speech about DOTr on Testimonial Dinner for VP Jimmy Bautista

Scope:



Mandate:

The Department of Transportation (DOTr) is the primary policy, planning, programming, coordinating, implementing and administrative entity of the executive branch of the government on the promotion, development and regulation of a dependable and coordinated network of transportation systems, as well as in the fast, safe, efficient and reliable transportation services.

As one of the first government agencies established under the Malolos Constitution on January 21, 1899, the DOTr plays a crucial role in accelerating the country's economic development. It provides the backbone for growth and enhances the country's competitive edge by providing effective and efficient transportation infrastructure systems that narrow the geographical and physical divide, connecting the country, its islands, and its people to the rest of the world.

Now, our people are enjoying the experience of world-class airports and seaports in major urban areas. At the same time, modernization and rehabilitation of rural gateways and maritime ports were pushed, with some of them ongoing now. In our Railways sector, game-changing projects like the massive North-South Commuter Railway (NSCR) system are now seeing the light of day. This major transport infrastructure project is seen as the backbone of our Luzon mass transport system, with its eventual integration with LRT-1, LRT-2, and MRT-3. Also on track is the mammoth Metro Manila Subway project, the very first, long overdue subway rail system in the country. On the other hand, construction of vital Light Rail links such as MRT-7 (Quezon City to Bulacan via Commonwealth), LRT-1 Cavite Extension, and the Unified Grand Central Station or "Common Station" are all full speed ahead and on schedule. We have also obtained approval for the construction of MRT-4, while we have already inaugurated the LRT-2 East Extension project this 2021.

In our Road Transport sector, we have seriously pursued systems improvement and upgrade such as the innovative EDSA Busway and introduced eco-friendly global concepts such as our 500-km bike lanes in major cities. We also have the planned green lanes in select routes and roadways. We also have instituted the needed changes in Driver's education and licensing, including giving 10-year Driver's license validity to those who can qualify and introducing a more rigid and thorough vehicle inspection that will truly help ensure the roadworthiness of vehicles and minimize road accidents. RFIDs are also now widely used in our toll expressways.



Turnover of Php10,000 cash donation to Makati Science HighSchool for Brigada Eskwela 2022 on August 19, 2022







Men for Others

Xavier Graduate gives the Gift of Life

Rotary International is a non-profit organization that strives to provide humanitarian service and promote goodwill throughout the world. Developed in 1905, today Rotarians number over

1.2 million and are inhabitants of 155 countries. The Gift of Life Program was developed as a part of the Rotary Club in Manhasset, Long Island in

1975. Its goal, to provide corrective heart surgery to children in need, is continually carried out by the voluntary services of the nation's finest cardiologists.

Luis del Rosario '52 was born in the Philippines, graduated from Xavier in 1952 and settled in Westchester after marriage. Luis became involved in the Gift of Life program through his membership with the Elmsford Rotary Club. He served as President of the Westchester division from 1985-1986.

Together with his wife, Luis owns Elmsford Raceway, a miniature racetrack in Elmsford, New York. They often hold fundraisers at the track to benefit The Gift of Life. At past events, races were conducted as part of the Rotary Club of Elmsford's Race for Life fundraiser and raised \$10,000 for the cause. Such benefits have been extremely successful, as the cost of providing surgery to a single child is approximately \$5,000, which covers primarily the cost of medical supplies and travel expenses. The raceway has also become a regular stopping point during convalescence for the children who receive surgery through the program. But the del Rosarios do more than simply hold fundraisers for these needy children. They are also a host



family for Gift of Life recipients.

Khalid Marco Estefan Flores, known as Marco, a thirteen-year-old from the Philippines, arrived at the del Rosario home in November of 2001 for

"Service before Self" After discovering that Marco was afflicted with asthma, his surgery was postponed. The normal stay for a Gift of Life recipient with the host family is two to three weeks. Marco

and his mother stayed with the del Rosarios for three months to stabilize his asthmatic condition. During this time, the Philippine Gift of Life program, operating out of Long Island, contacted the del Rosarios. The team noted that Marco's surgery should be rescheduled to take place in the Philippines, thus avoiding additional stress from repetitive flying. Marco underwent successful surgery in the Philippines in June 2002. The del Rosarios, who had scheduled a visit to the Philippines at that time, were able to visit with Marco and his mother during his

recuperation. The teenager still keeps in touch with the family he got to know so well during his stay in the United States.

The del Rosario's most recent guest was elevenyear-old Zamantha Barriga. Zamantha, a Peruvian native born with a hole in her heart, was also afflicted with various valve problems. Upon examining Zamantha, doctors were wary. Her condition was weak; still, they had faith in her chances for successful surgery. Thankfully, Zamantha recovered beautifully from her surgery in December of 2002. She is thriving, and returned to Peru, with her



ALUMNI UPDATE

Luis and Zamantha following her successful surgery

mother, Louisa, on January 1st.

During a recent visit with Luis, he acknowledged that his interest in giving back to his community was fostered by his mother, who instilled values in him, such as compassion and benevolence, that were reinforced at Xavier. The Rotary Club, whose motto is "Service before Self," has given him "a means to be a community contributor and an increased awareness" of the world around him. Through his work with the organization, Luis has proven himself to be a true Man for Others.

-Caroline L. Gallagher



Hospital administrator, Mrs. Santos, Barbara and Luis del Rosario, Marco Flores an his mother, Grace

Luis and Barbara pose with current Elmsford Rotary Club President, Pat Marlow, (right) at a recent meeting







CONGRATULATIONS **MIP GIL G. CHUA** AND **RC MAKATI WEST** FOR **+7** GROWTH IN MEMBERS IN JULY 2022!!





ROTARY SATELLITE CLUB OF MAKATI WEST ZEST Turnover of 400 boxes of surgical facemasks to Pitogo National High School on August 26, 2022





RCMW Satellite Chairperson Shekinah G. Yarra And Vice President Jameson Manlangit



Meeting with the UMak Director of Center for Admission & Scholarship for RCMW Scholarship Application & Screening on August 30, 2022





September Shootfest September 28, 2022 at 7:00am Camp Bagong Diwa, Bicutan, Taguig City

Dear Rotary Club Members,

May we request your kind support to this event? Your participation will be deeply appreciated by District 3830. Thank you.



Have a chance to win our Major Prize: 3-Seater E-Trike Just register and follow this format so we can prepare the participants categories.



INFINITY8

Let's support our **DISTRICT 3830 and GIVE our SHARE to** THE ROTARY FOUNDATION.

For inquiries: Please send a message to: TCP Medi Maeda 09175253288 or PP Patti King- DS Club Service



Cielo Jean Casamayor Larano 17 years old, female Iloilo



Cleo Eunice Santos Sarmiento 11 years old female Antipolo City

PROJECT UPDATES

GIFT OF LIFE

GOL RY 2022-2023

De Los Santos Medical Center (5) PDA Device Closure August 24, 2022 National Children's Hospital (1) Open Heart Surgery August 25, 2022



Janver Anthonie Abrina Nicanor 5 years old, male Puerto Princesa, Palawan



Zephoreen Emanuelle Monroid Candia 4 years old, female Lanao del Norte



Khalix Alonzo Binene Pillehera 1 year & 7 mos. old, male Bulacan

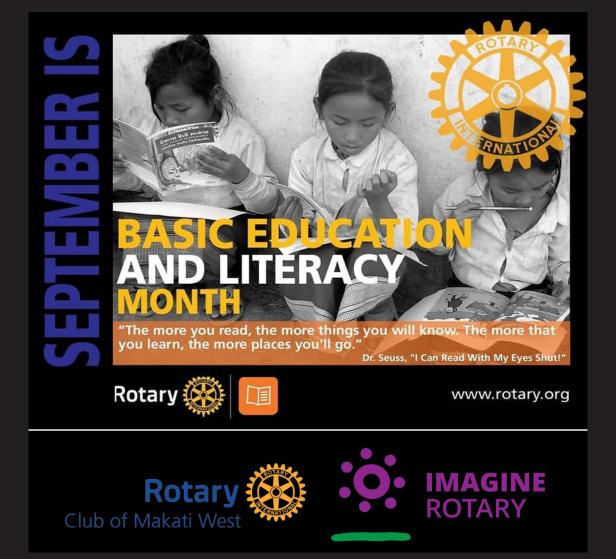


Elaiza Saldino Ronatay 13 years old, female Marilao, Bulacan



PROJECT UPDATES GIFT OF LIFE GOL RY 2022-2023





Missed out on past events? We've got them in archives you can access in just a few clicks.



Click to explore >

Click to explore >



Fireside Chat & **All-Cluster Meetings**

Click to explore >

Click to explore >





THE FOUR WAY TEST OF THE THINGS WE THINK, SAY AND DO

ROTARY INTERNATIONAL

Is it the Truth?
Is it FAIR to all concerned?
Will it build GOOD WILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to

all concerned?

ROTARY CLUB OF MAKATI WEST

I. Is it RECOGNITION?

II. Is it RETENTION?

III. Is it RECRUITMENT?

IV. Is it FUN?









RY 2022-2023 Officers, Directors & Club Advisers

Gil Chua President **Vice President** Jaime Bautista Secretary/PE Juan Antonio Carlos Gerardo Laperal Treasurer Tristan Choa Director Director Leonardo Cuaresma. Jr. Director Paul Daza **Epifanio Delos Santos** Director Elmer Francisco Director Director Scott Moore Director **Charles Bernard Reyes** Sqt.-At-Arms Javier Berenguer-Testa Ex-Officio Dir. Franco Del Rosario Club Adviser PRID Guiller Tumangan Club Adviser PP Carmelino P. Alvendia, Jr. Club Adviser PP Dennis Decena Club Adviser PP Noel Laman Club Adviser PP Teodoro Limcaoco Club Adviser PP Amando Jesulito Jimenez Club Adviser PP Larry Ocampo Club Adviser **PP Roque Tordesillas** Club Adviser PP Antonio Tambunting III Club Adviser **PP Enrico Angeles** Club Adviser **PP Ramon Guerrero** Club Adviser PP Edgardo Balois Club Adviser PP Aurelio Paulo R. Bartolome Club Adviser PP Victor L. Vital Club Adviser PP Ruy Moreno Club Adviser **PP Dave Caldwell** Club Adviser PP Luis Del Rosario. Jr. Club Adviser PP Enrico B. Tensuan Club Adviser **PP** Alasdair Thomson

Honorary Members Hon. Secretary Albert del Rosario and Mr. Rob Raylman

THE WEST SIDE STORY STAFF

Secretariat:	Shekinah Yarra
	Jameson Manlangit
DDB Team:	Maricar Manuzon-Angeles
	Hiedy Enriquez



Thank you for your continuous service. <u>Click here to see the list of payees.</u>

Remain part of our cause by sending your dues to:

ROTARY FOUNDATION OF MAKATI WEST, INC.

ACCOUNT NO: 001680053572 BRANCH: PHILAM TOWER VALERO BANK NAME: BANCO DE ORO

If you have paid but don't see your name on the list of payees, please send proof of deposit to the Secretariat:

> jamesonrcmw@gmail.com kai.rcmw2@gmail.com

Stay up to date with club happenings via

http://rcmakatiwest.ph www.fb.com/RCMWD3830 rcmakatiwest2020@gmail.com (63-2) 7753 3098

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